



BREAKFAST MENU

AN ASSORTMENT OF WHOLE GRAIN, LOW-FAT CEREALS, OTHER WHOLE GRAIN RICH ON-THE-GO ITEMS, HOT BREAKFAST ENTREES, FRUIT JUICES, AND FAT-FREE OR LOW-FAT MILK.

HOW TO MAKE A REIMBURSABLE MEAL:

AT BREAKFAST: CHOOSE AT LEAST ONE SERVING OF FRUIT AND AT LEAST THREE ITEMS. AT LUNCH: CHOOSE AT LEAST ONE SERVING OF FRUIT OR VEGETABLE AND AT LEAST THREE MEAL COMPONENTS.

* MEAL COMPONENTS INCLUDING GRAIN, PROTEIN, FRUIT, VEGETABLE, AND MILK (ONE OF THE COMPONENTS SELECTED MUST BE EITHER A FRUIT OR VEGETABLE). ALL GRAIN ITEMS SERVED ARE WHOLE GRAIN RICH, CONTAINING AT LEAST 51% WHOLE GRAINS.

THIS MENU HAS BEEN PLANNED TO MEET THE REQUIREMENTS OF THE HEALTHIER SCHOOL CHALLENGE. FAIRFIELD CITY SCHOOLS WILL SERVE MEALS THAT MEET PERFECT GOOD MENU PLANNING PRINCIPLES, SUCH AS SERVING A VARIETY OF HEALTHIER FOODS THAT LOOK GOOD, TASTE GOOD, AND APPEAL TO THE CULTURAL, SEMI-TOPIES OF THE SCHOOL COMMUNITY POPULATIONS. ALL MEALS ARE PLANNED TO EMPOWER STUDENTS TO MAKE FOOD ADVANTAGE OF OUR ONLINE PAYMENT SYSTEM SIPS EZPAY WHICH CAN BE FOUND AT WWW.FAIRFIELDCHSCHOOLS.COM WHEN CLICK ON THE SIPS EZPAY ICON.

MEAL PRICES GRADES K-5



Table with meal prices for Breakfast, Lunch, and Adults. Includes a drawing of an apple.

LUNCH CHARGES PROHIBITED

FAIRFIELD CITY SCHOOLS PROHIBITS STUDENTS OR STAFF FROM CHARGING MEALS. STUDENTS WHO HAVE IMPORTUNATE FUNDS TO PURCHASE A SCHOOL LUNCH WILL BE PROVIDED WITH AN ALTERNATIVE MEAL APPROVED BY THE USDA. A CHOICE OF MEALS CAN BE FOR STUDENT APPROVED FOR REDUCED MEALS, AND BE PLACED ON THEIR ACCOUNT. WE STRONGLY ENCOURAGE STUDENTS TO TAKE FULL ADVANTAGE OF OUR ONLINE PAYMENT SYSTEM SIPS EZPAY WHICH CAN BE FOUND AT WWW.FAIRFIELDCHSCHOOLS.COM WHEN CLICK ON THE SIPS EZPAY ICON.

Calendar grid for September 2017 through June 2018.



2017-18 ELEMENTARY SCHOOL LUNCH MENU

Table with lunch menu items for Monday through Friday.

